

‘GOSLINGS TO GAYMERS LANE’

Distance 3 miles/4.3km

Start: Trimley St Martin Village Sign which is on the green where the High Road meets St Martins Green. It is visible from the High Road

Buses and bus stop: Felixstowe Flyer buses numbers 75 and 77 from Felixstowe and Ipswich Cattle Market stop very close to the Village Sign.

Eateries: The Hand in Hand, Trimley St Martin and The Mariners, Trimley St Mary (both pubs). Goslings Farm Shop has a café serving breakfasts, lunches and snacks.

This is a fairly easy walk, most of it is on the level. You will be walking on pavements, footpaths, bridleways and field tracks and a road without any pavements. In this walk you will go over Bridleway bridge which involves steps or ramps. After heavy rain, there are many large puddles in Gaymers Lane. If you wish to avoid Gaymers Lane, bear left at Point ⑧ and return to the High Road along Gun Lane.

① From the **village sign**, take the High Road north. Go past **Trimley Memorial Hall** and The Trimley Sports and Social Club on your left. Then pass High Hall Close and the **Hand in Hand** pub on your right. A little further on, also on your right is **Trimley Methodist Church** on the corner of **Mill Lane**. On your left are two wooden houses, reported to be the some of the oldest in the village. A few metres from these is **Grimston Lane**. Continue along the High Road and you will pass an estate called The Lilacs. Two of the roads on this estate have interesting names, **Rivers Walk & Rosemary Way**. Just beyond this is the chandlery Seamark Nunn.

② Opposite Seamark Nunn is a public footpath. Take this path and walk to the railway line, ignoring a gate to your right which

leads into **Goslings Nursery and Farm Shop**. At the end of the path there used to be a stile going across the railway line to the footpath opposite, but this has ceased to be. Instead the footpath continues to the left alongside the railway line and eventually emerges onto **Thorpe Lane**.

③ Turn right here and go over the level crossing. Take the road to the left, **Grimston Lane** and walk about 450 metres along this, passing a footpath on your left. When you have passed all the houses on your left you come to a field, look out for **Flory’s Farm** on your right.

④ Shortly after **Flory’s Farm** watch out for a footpath signed with a finger post on your left. The house opposite this path usually has a dog bowl of water out. Take the footpath on your left going across the field to point ⑥

If the field is too muddy there is an alternative route marked in blue on the map which won’t take you very far out of your way. In this case you continue along Grimston Lane until you get to the driveway to **Grimston Hall**.

⑤ This is a four way junction and you would take the Restricted Byway to your left.

⑥ If you have walked across the field turn left here where the sign says RUPP. If you have come up the path from the road continue on the track and head for the green **Bridleway Bridge**. The quickest way to go over the bridge is to keep straight on the footpath which bears slightly to the left and then you go up steps to go over the bridge. If however you prefer not to use steps, then when you come to a group of trees on your right, take the bridleway marked RUPP to your right. Follow this and then take a sharp left along the railway line which will bring you to the ramp which you use to go over the bridge.

⑦ Go over the bridge and down the ramp which emerges onto a Restricted Byway/Bridleway called **Gun Lane**. Continue along here for about 90 metres.

⑧ Take the footpath to your right, marked 'Public Footpath'. The footpath runs by some paddocks and allotments on the left and eventually joins Gaymers Lane.

⑨ Turn left into Gaymers Lane and walk along this until you reach the High Road.

⑩ Turn left onto the High Road and walk past **Great Street Farm & Street Farmhouse**, **Trimley Welcome Hall**, the **Mariners** pub which is opposite the two **Trimley Churches**. You will also pass **Eagle House** opposite the **Post Office**. Carry on past **Gun Lane** on your left and then past **Reeve Lodge** until you get to the roundabout. You then go safely round this only needing to cross **Goslings Way** which is the entrance to **Cavendish Grove Estate**. Carry on along the High Road until you reach the island refuge where you can cross safely to the Village sign.

N.B. The words that are emboldened can be found in a separate Gazetteer also found in this section of the website.