

CANDLET CIRCUIT

Distance 4.45 km/ 2.75 miles

Start:* Capel Hall Lane picnic site. *Directions by car:* From the A14, take the slip road to Trimley. At the roundabout take the Kirton exit and very shortly on your right you will come to Capel Hall Lane and you will see picnic tables there. There is plenty of parking.

This is a circular route, with hardly any slopes. You will walk on bridleways, pass through fields and wooded areas. This might be a nice route for children as you go over streams and a lake and there may well be sheep in the meadows near Capel Hall. You also walk past paddocks with horses.

① Cross over Capel Hall Lane from the picnic site to a bridleway, which used to be called Sandy Lane. Continue along the bridleway with fields on your left. After about 400 metres you will see the roundabout on your right which is the flyover for the A14. Continue on the bridleway. Where the land drops steeply to your left was the site of a **mill pouch**. You then pass a sandy area to your left. Continue to follow the bridleway. Where you have the A14 close to you on your right, it can be very noisy.

② Ignoring the underpass from **Thurmans Lane**, continue to follow the bridleway called Candlet Track ahead. When you come to views across the fields on your left, you will see a wood in the North called **Egypt Wood**. The track bends round slightly to the left and follows a strip of trees. After 1.2km from point ② you will see a property on your left called **Candlet Farm**. At the end of the property there is a public footpath on your left.

③ Take this grassy path beside the property. The slope goes down and straight across a field towards a wood.

④ When you reach the wood, follow the path straight ahead and cross a small footbridge over a stream. This is called **Kingsfleet**. Take the narrow path through the wood. Cross another bridge. After you emerge from the wood, the path forks, continue straight ahead and through a gate. Walk through a meadow. Cross another bridge with a footpath sign on it.

Carry straight on through the meadow. Go through another gate and carry on along the path which then goes over a small lake. Follow the footpath over another bridge and through a plantation. Eventually you emerge from the plantation where the path joins a farm track.

⑤ Turn left on to this track and continue for a short way until it joins a farm road. Turn left on to the road, passing the entrance of **Capel Hall** on your left.

⑥ A few steps to your right you will see a public footpath sign, take this. This is the right hand track marked with a yellow marker. Do not follow the field margin track to the left. Follow the track across the field, pass through the hedgerow and cross another field. The path is fenced and you will see horses to your right. The path then crosses a field straight ahead. The footpath eventually joins the bridleway formally known as Sandy Lane.

⑦ Turn right on to the bridleway to retrace your steps to Capel Hall Lane picnic site. This time the A14 and roundabout will be on your left.

* If you prefer to start from St. Martins Green, go via **Old Kirton Road**, over the footbridge, then along **Kirton Road** passing Roselea on your left. Just before the school, cross the road and walk along the bridleway. Follow through until coming to a farm track and turn right. Take this through to Capel Hall Lane, a tarmac road. Turn right here and walk back to the picnic site.

Coming back, retrace your steps or

At no ⑦ turn left where footpath emerges on to the bridleway. Follow the bridleway until you come to an underpass on your right (**Thurmans Lane**). Go through the underpass and follow Thurmans Lane to the High Road. Turn right and walk along the pavement, crossing **Howlett Way** to reach the starting point.

N.B. The words that are emboldened can be referenced in a separate Gazetteer also found in this section of the website.

